

## FREE PREVIEW

### Founders Note

At Silver Solutions, we've had the privilege of assisting thousands of family caregivers as they navigate the complexities of helping an aging parent or loved one. Throughout this journey, we've witnessed firsthand the challenges, mistakes, and missteps that can make an already difficult task even harder.

While every family's story is unique, the challenges that come with aging are universal. Whether you find one helpful idea in this guide or many in the pages we'll publish over the next year, our sincere hope is that your family's journey is smoother, with fewer surprises, and less stress.



With compassion,  
Dan Lagani & Laura Olivares  
Founders, Silver Solutions

## Age Wise Guide Introduction Summary

As our parents age, life often throws unexpected challenges our way—like a sudden fall or a health scare—pushing us into caregiving roles we didn't anticipate. AGE WISE - The Family Caregivers Guide to What to Expect as Your Parent's Age from Silver Solutions tackles the biggest challenges: dealing with falls, Alzheimer's, finding new living arrangements, sorting through belongings, and handling family conflicts. Real stories show how tough it can be when loved ones resist help or struggle with issues like hoarding and dementia. The guide also offers hands-on tips, from responding to emergencies to making decisions about assisted living. It's packed with advice on managing elder care, legal matters, and, just as importantly, taking care of yourself. With this guide, you'll feel more prepared to balance caregiving and the emotional journey that comes with it.

Download the full introduction at [www.silversolutions.com/resources](http://www.silversolutions.com/resources).